

FITCHBURG YOUTH WRESTLING

"I would have all of my offensive linemen wrestle if I could." - John Madden

Short,tall,lanky,husky,skinny - Any BODY can wrestle.

Wrestling enhances your strength, speed, and power,making you a better athlete in all the sports you participate in. It also enhances your concentration,discipline, and mental toughness, characteristics you will need in everything you do throughout your life.

Grades K-8* Registration: 5:30-7:00 Tuesday's Nov. 9 and 16th at the Monty Tech Gymnasium. Fee is \$40 per wrestler with a discount for 2 or more, which covers practice facility,team t-shirt, and insurance. Practices are Monday and Thursday evenings beginning Nov. 29 until the state tournament at the end of February. Tournaments, duals and scrimmages are optional, but highly encouraged.

More information: Contact FYWP Coordinator: Rudy Paulino (978-500-4603)
<http://www.fitchburgwrestling.com> and Massachusetts Youth Wrestling Association:
<http://www.mayouthwrestling.com/>

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